

Louisiana Behavioral Health Partnership Standardized Basic Training Course / Equivalency Descriptions

#### LBHP Individual Provider Certification

The course descriptions contained in this Standardized Training document include details of the required training for non-licensed staff providing specific services under the LBHP managed care initiative. This training was developed to ensure a basic level of knowledge of key competencies for non-licensed staff and equivalency standards were identified to ensure that staff with prior training would not be required to repeat this training but could be exempted based on their prior training.

Agencies with State Licensure (Behavioral Health), Agencies that were accredited, and/or programs operating under a proprietary entities oversight for adherence to fidelity standards (EBPs – MST, FFT, Homebuilders, ACT) were exempted from this basic level of training by virtue of the required proficiency, competencies of these licensing, accreditation, fidelity standards. These agencies were "Deemed" certified and required to complete the certification process - identifying information, services to be provided, and attestations.

If you are requesting to provide one of the following listed services and possess the corresponding minimum educational requirements, you are required to complete the OBH Training listed below:

Completion of a State– approved, standardized basic training program	Authority Document	Education Requirements	OBH Required Training
Psychosocial Rehabilitation Services	EPSDT SPA 1915(i)	High School Diploma or equivalent	OBH Standardized Basic Training or Equivalency
Community Psychiatric Support and Treatment	EPSDT SPA 1915(i)	Masters Level to perform all procedures	OBH Standardized Basic Training or Equivalency
Community Psychiatric Support and Treatment	EPSDT SPA 1915(i)	Bachelors Level to perform all procedure excluding counseling	OBH Standardized Basic Training or Equivalency
Crisis Intervention	1915(i) EPSDT SPA	Associates Degree	OBH Standardized Basic Training or Equivalency
Therapeutic Group Home	EPSDT SPA	High School Diploma or equivalent	OBH Standardized Basic Training or Equivalency
Therapeutic Group Home	EPSDT SPA	Bachelors Level - no counseling	OBH Standardized Basic Training or Equivalency
Therapeutic Group Home	EPSDT SPA	Masters Level to Counsel	OBH Standardized Basic Training or Equivalency
Treatment Planning	1915b /1915i	LMHP	OBH Required Training or Equivalency

## **OBH Standard Basic Training Package**

The courses for the following trainings are available on Magellan's Learning Management System, Achieve. A tutorial for accessing these courses is available on the OBH LBHP website in the SMO Procurement Library.

## System of Care Overview (Values, Principles, etc.)

### **Target Audience**

SMO credentialed individual if there are accessibility issues

MHP employed by the Therapeutic Group Home

**SMO Treatment Planner** 

## **Service Description**

This course defines the System of Care and its relevance to the provision of Behavioral Health services. It explains the current system in Louisiana and how a System of Care approach will improve the system. The target population is defined and the core values and principles of a system of care are explored. It increases knowledge of the services, supports and benefits of having a coordinated network across multiple levels of management. It explores the expanded array of services for adults with serious and persistent mental illness, adults with co-occurring disorders and all other eligible children and youth with mental health and substance abuse issues.

- Defines System of Care
- Reviews the values and principles of the System of Care
- Describes the benefits of System of Care
- Reviews the elements of a Coordinated System of Care for Youth and Adolescents
- Reviews populations of focus and an expanded service array

## **Cultural Competence**

## **Target Audience**

SMO credentialed individual if there are accessibility issues

MHP employed by the Therapeutic Group Home

SMO Treatment Planner

### **Service Description**

This course is an overview of cultural and linguistic competence to give sufficient exposure to and discussion of the subject matter to influence competent practice for behavioral health professionals and paraprofessionals. This course defines the term co-occurring disorders and describes the common risk factors associated with co-occurring disorders. The approaches to use with people with co-occurring disorders are also reviewed.

- Review definitions of cultural and linguistic (use of language) competence
- Understand the importance of cultural diversity and the use of language in the course of all their interactions with consumers and their families
- Understand how the lack of cultural and linguistic competence has led to negative outcomes for people
- Discuss and understand how one's own culture and their own self-awareness with respect to others will impact their interactions with consumers and their families

### MH 101 Overview

# Target Audience

SMO credentialed individual if there are accessibility issues

MHP employed by the Therapeutic Group Home

SMO Treatment Planner

### **Service Description**

The purpose of this training module is to present an overview of Serious Mental Illness (SMI) and Emotional Behavior Disorders (EBD) and includes SMI/EBD definitions, diagnoses, symptoms, factors to consider and medications prescribed for EBDs. Additionally, it defines At-Risk youth and offers best practice information. Module concludes with information signaling new initiatives in the State of Louisiana to address needs of At-Risk youth.

- Differentiates between Serious Mental Illness (SMI) and Emotional/Behavioral Disorders (EBD)
- Identify SMI/EBD diagnoses and symptoms
- Identify causes/factors that may lead to the development of SMI/EBDs
- Describes specific needs of individuals with SMI
- Defines homicide, including criminal homicide as recognized in a court of law
- Identifies "At-Risk" youth and best practice treatment

# **Co-Occurring Disorders**

# **Target Audience**

SMO credentialed individual if there are accessibility issues

MHP employed by the Therapeutic Group Home

**SMO Treatment Planner** 

#### **Service Description**

This course will provide an overview to help paraprofessionals develop knowledge and capacity to provide integrated screening, assessment and treatment planning that addresses both mental health and substance abuse, each in the context of the other disorder. This course will describe why co-occurring disorders are often the most difficult to treat and treatment approaches to work with this population.

- Define the term co-occurring disorders
- Identify the common risk factors of co-occurring disorders
- Describe the integrated treatment method for working with people who have cooccurring disorders

#### **Crisis Intervention**

## **Target Audience**

SMO credentialed individual if there are accessibility issues

MHP employed by the Therapeutic Group Home

**SMO Treatment Planner** 

### **Service Description**

Crisis intervention services are provided to a person who is experiencing a psychiatric crisis and are designed to interrupt and/or ameliorate a crisis experience, via a preliminary assessment, immediate crisis resolution and de-escalation and referral and linkage to appropriate community services to avoid more restrictive levels of treatment. The goals of crisis interventions are symptom reduction, stabilization and restoration to a previous level of functioning. All activities must occur within the context of a potential or actual psychiatric crisis. Crisis intervention is a face-to-face intervention and can occur in a variety of locations, including an emergency room or clinic setting, in addition to other community locations where the person lives, works, attends school and/or socializes.

- · Identify suicide statistics regarding attempts, completions and survivors
- Define crisis intervention and teach methods to offer immediate, short-term help to individuals who experience an event that produces emotional, mental, physical and behavioral distress or problems.
- Explore the importance of communication skills in crisis management and teach staff to develop communication procedures that reduce the need for physical management of aggression. Learn: How a message is conveyed; Beneficial ways to communicate during a crisis; Ways of communication that are not beneficial and understand why they are not.

### **Suicide / Homicide Precautions**

## **Target Audience**

SMO credentialed individual if there are accessibility issues MHP employed by the Therapeutic Group Home

### **Service Description**

The purpose of this training module is to present an overview of suicide to include statistics on suicide attempts, completions, survivors; warning signs for suicide; acronyms helpful in the assessment of suicide; and, steps used to assess suicidal ideation. Also includes overview of homicide, including statistics/prevalence; definition of homicide (including criminal homicide as viewed in a court of law); risk factors; and, predictors of homicidal behavior.

- Identifies suicide statistics regarding attempts, completions and survivors
- · Identifies warning signs for suicide
- To examine acronyms for use in suicide assessment
- · To identify steps used to assess suicidal ideation
- To analyze homicide statistics
- To define homicide, including criminal homicide as recognized in a court of law
- To identify risk factors of homicide
- To analyze predictors of homicidal behavior

# **Service Planning**

Target Audience SMO Treatment Planner

#### **Service Description**

The purpose of this training module is to assist service providers in the development of effective treatment planning to include crisis management and discharge components. By attending this workshop, service provider staff will learn specific strategies to implement in regard to leading the team during treatment planning, building effective outcomes programmed for success, using baseline information gathered during the assessment process to rank/prioritize targeted outcomes.

## **LBHP Required Course Standards**

- Examine steps involved in the process of developing effective, recovery focused service plans
- Develop service plans for treatment to include the identification of global desired outcomes, services beyond the scope of treatment, medically necessary prioritized therapeutic needs, goals, objectives using the S-M-A-R-T acronym and treatment interventions
- Describe individualized crisis assessment/issues as a component of ongoing service planning
- Describe individualized discharge needs throughout service planning/ongoing treatment process