

### State of Louisiana

## Department of Health and Hospitals Office of Behavioral Health

09/20/2018

The Office of Behavioral Health (OBH) would like to take this opportunity to inform all behavioral healthcare providers that the application deadline for the upcoming Peer Support Specialist training scheduled to occur October 29-November 9, in Lafayette, Louisiana is Monday, October 1, 2018.

Peer Support Specialists are self-identified consumers who are in recovery from mental illness and/or substance use disorders. The role of PSS is supported on both a statewide and national level with CMS recognizing the importance of PSS as a viable component in the treatment of mental health and substance use disorders. In Louisiana, PSS work in a variety of capacities throughout the behavioral health service system. There are several rehabilitation services outlined within the Behavioral Health Manual in which PSS are identified as qualified provider type. These services include:

- Community Psychiatric Support and Treatment
- Psychosocial Rehabilitation
- Crisis Intervention
- Assertive Community Treatment
- Addiction Services

Louisiana utilizes the curriculum developed by the RI International (formerly Recovery Innovations) of Arizona as its statewide training for PSS. This is a two (2) week, 76 hour course, which is held multiple times annually in varying locations throughout the state. Please see the attached application with additional information about the training. There is a \$500 registration fee for peers who are not directly employed by LGEs or state-run hospitals. Employers are also expected to pay for travel and meals outside of the training.

If you wish to send someone to the training and cannot meet the October 1<sup>st</sup> deadline, please let us know immediately so that we can reserve a slot in the training for your employee. If you have any questions, please contact Linda Boudreaux at <a href="mailto:lindabtem@bellsouth.net">lindabtem@bellsouth.net</a> or Nancy Hughes at <a href="mailto:nancy.hughes@la.gov">nancy.hughes@la.gov</a>.



#### Louisiana Department of Health Office of Behavioral Health

#### Dear Applicant:

Congratulations! You have chosen to take the first step in embarking on a career in Peer Support. Peer Support Specialists are an extremely important part of the Behavioral Health System of Care, and your application is the first step in becoming a part of that.

Before applying for Peer Support Specialist training, please know that the Peer Support Specialist training is a 2 week, 76 hour course. You will be expected to participate fully in class for 8 hours each day, and there are several hours of homework each night. It is a very intensive training and requires a large amount of effort and dedication in order to complete. Please consider this carefully before applying.

In order to be eligible for the training, applicants must meet minimum eligibility criteria which include: being at least 18 years of age, having at least a high school diploma or GED, have a lived experience with behavioral health challenges, and must have at least twelve (12) months of continuous demonstrated recovery. When filling out the application please read all questions carefully, and answer fully, either typing or printing your answers. Please do not leave any questions unanswered. We will not accept illegible or incomplete applications.

If you are already employed as a Peer Support Specialist, or your participation in the training will be sponsored by an organization, make certain to have your employer or sponsoring organization fill out the final page of this application. For applicants who are not employed by an LGE or state operated hospital, their employer will be required to submit a \$500 registration for their Peers to attend the training. The registration fee supplements the overall training costs for the instructors, training materials, lunch on training days, and OBH approved travel costs. The registration fee must be submitted before the Peer Support Specialist is allowed to attend the training. A limited number of scholarships are available and must be applied for by the employer. Contact Nancy Hughes at Nancy. Hughes@la.gov for more information on how to apply for a scholarship.

Applications will be scored by committee. Those who are already employed as Peer Support Specialists will have priority. If you are accepted, you will have 5 days from notification to notify us whether or not you will be able to attend. If you have not notified us within 5 days of your acceptance, your slot will be awarded to someone else. Thank you in advance for your interest in the Peer Support Specialist program and for your commitment to a future focused on recovery, resiliency and wellness for Louisiana.

Sincerely,

Nancy Hughes Consumer Affairs Coordinator Office of Behavioral Health Louisiana Department of Health

# APPLICATION FOR TRAINING LOUISIANA PEER SUPPORT SPECIALIST

#### Part I – Contact Information

Date:				
Name:				
Last	First	Middle Initial		
Present Address:				
Street	City	State	Zip	
Home Phone: ( )	Cell Phone: (	)		
Email Address (required):				
Part II – Recovery Statement				
Briefly describe your lived experience with I	behavioral health	challenges (mental h	ealth and/or	
substance use) and recovery journey to incl	ude the date you	r recovery began.		
Part III – Education & Training				
What is your highest level of education?				
☐ H.S. Diploma ☐ G.E.D. ☐ Some college ☐ Associate ☐ Bachelor's ☐ Master's ☐ Doctorate				
Name of School(s)				
Certificates and Licenses				
Type: No	umber:	Issuing Agency:		
Demographic Information (for statistical purposes only) *optional*				
Race/Ethnicity				
□ African American □ Latino/Hispanic □ Caucasian □ Other	□Multiracial	☐ Native American	☐ Asian American	
Foreign Languages Spoken				
□Spanish □French □ Vietnamese	□ ASL □Ot	her		
Gender □ Male □ Female				
Age Range				
□18-30 □31-45 □ 46-60 □ 60+				
Date Approved: (for off	fice use only)			

#### Part IV – Supplemental Information

1. Have you served in the Military?
□Yes □No
2. Do you have experience working with any special populations or groups?
□Veterans □ Homeless □Addictions □Trauma □ Families □ Physical Health
□ Intellectual/Developmental Disabilities □ Youth □ Others
3. Name some of your skills or areas of expertise: (for example, crisis management, working with faith
based groups, working with supported employment, technology expertise)
Part V –
PLEASE READ THE FOLLOWING QUESTIONS CAREFULLY BEFORE ANSWERING
4. What does recovery mean to you? What factors are important in your own recovery?
4. What does recovery mean to you: What factors are important in your own recovery:
5. Please describe what Peer Support means to you:
3. Thease describe what heer support means to you.
6. Why do you want to become a Peer Support Specialist?
o. Willy do you want to become a Feel Support Specialist:

7.	Do you think that it is important to share recovery stories as part of being a Peer Support Specialist? Why?
8.	What strengths do you have that will help you be a great Peer Support Specialist?
9.	Please describe the ways you have been active in your community in the past six months. Please highlight roles that would aid in your work as a Peer Support Specialist. Do <i>not</i> include things that you do to maintain your own recovery.
10.	One key to recovery is the use of natural supports in your life. Please describe your support system and how they can help you if you are selected for the Peer Support Training?
11	An important aspect of the Peer Specialist Training program is that everyone must be personally

responsible for their actions and decisions. Please describe personal responsibility and how incorporate it into your work as a peer support specialist:	you will
12. How are you maintaining your recovery today?	
Part VI – Current & Previous Employment/Volunteer Experience	
13. Are you currently employed as a Peer Support Specialist: $\Box$ Yes $\Box$ No – see B and C be	low
A. If yes, please have employer fill out form on page 7.	
What is your job title?	
Name of Employer?	
How many hours do you work a week?	
What is your hourly wage?	
How long have you been employed in this position?	
Employer's Contact Information	
B. If no, are you looking for work as a PSS?	
B. If no, are you currently working in another capacity?	
C. If no, are you currently working in another capacity?	
C. If no, are you currently working in another capacity?	

May we contact your employer?	□ Yes □ No		
Employer's contact information:			
Please list your other work experi previous to the one listed in #3 at additional sheets if necessary.	-		ning with your most recent job held provide business name. Attach
Employer or Volunteer Agency	Position	on/Title	Location
Please list 3 professional and pers	onal references (	not related to yo	-
Ivanie		relephone nun	ibei
certify that I am at least 18 years of a recovery before applying for certific challenges (mental health and/or su grounds for rejection of my applicat	age and have a mination. I also certibstance use). I undition or corrective	nimum of one year fy that I have a lived derstand that any action. I certify t	s form to the best of my knowledge. In demonstrated continuous and current red experience with behavioral health false information or omissions may be hat I have only acted in ways which in my role as a Peer Support Specialist.
Signature of Applicant			Date

If you are currently employed as a Peer Support Specialist, or your participation is being sponsored, you must have your employer or sponsoring agency complete the following form:

#### \*\*THIS SECTION IS TO BE FILLED OUT BY THE EMPLOYER OR SPONSORING AGENCY ONLY\*\*

#### To Employer or Sponsoring Agency:

The person you have employed as a Peer Support Specialist or are sponsoring for training is applying for Peer Support employment training. The skills that your employee or sponsee will bring back to your organization are extremely valuable in providing person-centered recovery oriented services. Please note that this training will require your employee or sponsee to attend full time for 2 weeks. If the training is outside of your employee or sponsee's home area, a hotel room (to be shared with another trainee) and lunches during training days may be provided depending upon availability of funding. Your employee or sponsee will be responsible for travel costs, and meals outside of those discussed. All training materials will be provided.

Providers or sponsoring organizations that are not LDH state operated organizations, which includes LGEs and state operated hospitals, will be expected to submit a \$500 registration for their Peers to attend the training. This payment must be submitted prior to training, to The Extra Mile, Region IV, who is contracted to arrange Peer Support employment trainings for the Office of Behavioral Health. You will be contacted by them to arrange payment.

There are a limited number of scholarships available for employers who are not LDH state operated organizations. Please contact Nancy Hughes at <a href="Mancy.Hughes@la.gov">Nancy.Hughes@la.gov</a> or 225-342-3422 for more information on how to apply.

#### Please provide the following information:

Name of person to whom invoice should be submitted:		
Email address:		
Telephone number:		
qualifications to be a Peer Support Sp with behavioral health challenges, on	certify that my employee meets the minimum pecialist, which includes: a lived experience e-year demonstrated recovery, high school ars of age. Additionally, my employee has of training on	
(date). I further certify that my agend	cy agrees to pay a \$500 registration in order to tand that payment will need to be remitted in	
Employer Signature:	Date:	