

To: AmeriHealth Caritas Louisiana Providers

Date: October 4, 2024

Subject: Adult Vaccinations

Summary: There are key vaccinations that should be offered and administered to all adults.

The Advisory Committee on Immunization Practices (ACIP) and the Centers for Disease Control and Prevention (CDC) recommend important vaccinations for adults:

- **Influenza (Flu):** Recommended annually for all adults, especially those over age 50, those with chronic health conditions, and pregnant women.
- **Zoster Vaccine (Shingles):** Recommended for adults aged 50 years and older, even those who have previously had shingles.
- **Pneumococcal:** Recommended for all adults aged 65 years and older and those younger than 65 with certain chronic conditions such as heart disease, lung disease, or diabetes.
- **Tetanus, Diphtheria, and Pertussis (Td/Tdap):**
 - **Tdap:** Recommended for adults who have not previously received it.
 - **Td:** A booster is recommended every ten years.
 - **Special considerations:** Pregnant women should receive a Tdap vaccine during each pregnancy, preferably between 27 - 36 weeks of gestation.

Keeping Louisiana adults current with key vaccinations is the best practice for serious, preventable disease protection.

We ask you and your staff to review vaccination status during each visit with adult members to ensure these vaccinations are current. Discussing the benefits of these vaccines with your adult patients is important, emphasizing the significance of prevention.

Questions: Thank you for your continued support and commitment to the care of our members. If you have questions about this communication, please contact AmeriHealth Caritas Louisiana Provider Services at 1-888-922-0007 or your [Provider Network Management Account Executive](#).

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Need to update your provider information? Send full details to network@amerihealthcaritasla.com.

Sources:

<https://www.cdc.gov/vaccines-adults/index.html>

<https://www.cdc.gov/vaccines-adults/diseases/index.html>

<https://www.cdc.gov/vaccines/acip/recommendations.html>