CODING SPOTLIGHT FOCUS ON CHRONIC KIDNEY DISEASE



A varied, well-balanced diet is essential for blood sugar control.

Chronic Kidney Disease and ICD-10-CM

According to the National Kidney Foundation, one in three Americans are at risk for kidney disease and 37,000,000 people have chronic kidney disease (CKD). CKD, or chronic renal failure, is the long-standing, progressive deterioration of renal function. Members who are receiving treatment for CKD are routinely monitored for changes in kidney function. Optimal management of CKD includes cardiovascular risk reduction, treatment of albuminuria, avoidance of potential nephrotoxins, and adjustments to drug dosing. Patients also require monitoring for complications of CKD, such as hyperkalemia, metabolic acidosis, anemia, and other metabolic abnormalities.

Renal function is measured in stages. Likewise, <u>ICD-10-CM Official Guidelines for</u> <u>Coding and Reporting</u> has CPT codes to allow for the specificity of the various stages. It is important to note that diagnosis.

Stages of chronic kidney disease

Stage 1, with normal or high GFR (GFR > 90 mL/min) Stage 2, Mild CKD (GFR = 60 – 89 mL/min) Stage 3A, Moderate CKD (GFR = 45 – 59 mL/min) Stage 3B, Moderate CKD (GFR = 30 – 44 mL/min) Stage 4, Severe CKD (GFR = 15 – 29 mL/min) Stage 5, End stage CKD (GFR < 15 mL/min)

Quality Corner Close care gaps!

The CPT and CPT II codes that are often associated with routine CKD care are included below. Adding them to a claim is a wonderful way to close care gaps.

CPT II Code	Systolic blood pressure
3074F	<130 mm Hg
3075F	130 – 139 mm Hg
3077F	≥ 140 mm Hg
CPT II Code	Diastolic blood pressure
3078F	<80 mm Hg
3079F	80-89 mm Hg
3080F	≥ 90 mm Hg
CPT code	Common urine lab tests
82043	Quantitative albumin
82570	Urine creatinine
CPT code	CKD disease stages
N18.1	Stage 1
N18.2	Stage 2, Mild
N18.30	Stage 3, Moderate, Unspecified
N18.31	Stage 3A, Moderate
N18.32	Stage 3B, Moderate
N18.4	Stage 4, Severe
N18.5	Stage 5, Severe no dialysis
N18.6*	Stage 5, w/chronic dialysis
N18.6*	Stage 6, End stage w/chronic dialysis
Z99.2	Dependence on renal dialysis

*Requires additional code to identify dialysis code.

CODING SPOTLIGHT

ICD-10-CM chronic kidney disease and renal failure:	Kidney disease and associated conditions
Chronic kidney disease	Hypertension and chronic kidney disease
 N18.1, Chronic kidney disease, Stage 1 	I12.0, Hypertensive chronic kidney disease with
 N18.2, Chronic kidney disease, Stage 2 (mild) 	stage 5 chronic kidney disease or end stage renal
 N18.3, Chronic kidney disease, Stage 3 	disease
(moderate)	 I12.9, Hypertensive chronic kidney disease with
 N18.30, Chronic kidney disease, stage 3, 	stage 1 through stage 4 chronic kidney disease,
unspecified	or unspecified chronic kidney disease
 N18.31, Chronic kidney disease, stage 3a 	Hypertension, heart, and chronic kidney disease
• N18.32, Chronic kidney disease, stage 3b	I13.0, Hypertensive heart and chronic kidney
 N18.4, Chronic kidney disease, Stage 4 (severe) 	disease with heart failure and stage 1 through
N18.5, Chronic kidney disease, Stage 5	stage 4 chronic kidney disease or unspecified
• Excludes CKD stage 5 requiring chronic	chronic kidney disease
dialysis (N18.6)	 I13.10, Hypertensive heart and chronic kidney
N18.6, End stage renal disease	disease without heart failure, with stage 5
 Includes CKD requiring chronic dialysis* 	 chronic kidney disease or end stage renal disease I13.11, Hypertensive heart and chronic kidney
Use additional code to identify dialysis	 I13.11, Hypertensive heart and chronic kidney disease without heart failure with stage 5
status (Z99.2)	chronic kidney disease, or end stage renal
 N18.9, Chronic kidney disease, unspecified Chronic renal disease 	disease.
 Chronic renal failure NOS (not otherwise 	 I13.2, Hypertensive heart and chronic kidney
specified), chronic renal insufficiency	disease with heart failure and with stage 5
 Chronic uremia NOS (not otherwise 	chronic kidney disease, or end stage renal
specified)	disease
 Diffuse sclerosing glomerulonephritis 	Diabetes with kidney complications
NOS (not otherwise specified)	• E11.21, Type 2 diabetes mellitus with diabetic
	nephropathy
	• E11.22, Type 2 diabetes mellitus with diabetic
	chronic kidney disease
	• E11.29, Type 2 diabetes mellitus with other
	diabetic kidney complication

The content in this Newsletter is for informational purposes only and not intended as medical or coding advice or to direct treatment. Physicians and other health care providers are solely responsible for their treatment and coding decisions and should not use the information presented to substitute independent judgment.

Sources:

February 2/1/24. CMS.gov. Accessed July 9, 2024. [cms.gov/files/document/fy-2024-icd-10-cm-coding-guidelines-updated-02/01/2024.pd].